#### **OVERVIEW**



Professor Michael Kyrios is a clinical psychologist and Director of the Research School of Psychology at the Australian National University. Throughout his career, he has undertaken a range of academic, practice, professional & administrative roles, and has previously held major academic posts at the University of Melbourne and Swinburne University of Technology where he was Director of the *Brain & Psychological Sciences Research Centre* and the *National e-Therapy Centre*. Professor Kyrios is the current President of the *Australian Psychological Society* (APS), having been elected a Fellow in 2007.

Professor Kyrios' research focuses on obsessive-compulsive spectrum disorders (OCD, hoarding disorder, body dysmorphic disorder, trichotillomania), behavioural addictions (compulsive buying, problem gambling), depression, anxiety disorders, chronic medical illness, the self in psychological disorders, and the development, evaluation and dissemination of evidence-based psychological treatments, including e-therapies. Professor Kyrios has received over \$16 million in grant funding from the National Health & Medical Research Council, Australian Research Council, beyondblue Centre of Excellence in Depression and Related Disorders, as well as other sources. He has well over 120 publications, and has taken on editorial responsibilities for numerous journals including Behavior Therapy, Behavioural & Cognitive Psychotherapy, Journal of Obsessive-Compulsive & Related Disorders, and International Journal of Psychology. Professor Kyrios was Chair of the Scientific Committee for the 2010 International Congress of Applied Psychology and will also chair the scientific program of the 2016 World Congress of Behavioural and Cognitive Therapies. He has been an invited keynote and workshop presenter nationally and internationally, and contributed his expertise to consumer and community groups, as well as government and regulatory bodies. Professor Kyrios received the 2013 Ian M Campbell Memorial Prize in Clinical Psychology and the 2011 Citation for Excellence from the Society for General Psychology and the American Psychological Association.

# MEMBERSHIP OF PROFESSIONAL ORGANISATIONS

- Member, Australian Institute of Corporate Directors, 2012
- Elected a Fellow of the Australian Psychological Society, 2007
- Member, International Association of Applied Psychology, 2006
- Member, Australian Psychological Society; since September, 1983
- Member, Australian Psychological Society College of Clinical Psychologists, 1992
- Member, Obsessive-Compulsive Cognitions Working Group, 1996
- Member, Australian Association of Cognitive-Behaviour Therapy, 1997
- Member, Association of Behavioral and Cognitive Therapies, 1998

### **SERVICES TO PROFESSION & COMMUNITY**

# Services to Australian Psychological Society

- **President**, Australian Psychological Society (APS) (from 2014)
- *Chair,* Australian Psychological Society, Division of Psychological Education, Research & Training (since 2013)
- *Chair*, Australian Psychological Society Professional Practice Advisory Group (2011 2012)
- **Deputy Chair,** Australian Psychological Society Science, Academic and Research Advisory Group (2011 2012)
- *Member, Scientific Advisory Committee,* The Canadian Institute for Obsessive Compulsive Disorders (2011 present)
- Board Member, Australian Psychological Society (APS) Inc Board of Directors (2011 present)
- *Member,* Australian Psychological Society Working Group on Review of Education & Training, 2008-2010.
- Member, Australian Psychological Society Constituent Unit Review Working Group, 2008-2010.
- National Chair, Australian Psychological Society College of Clinical Psychologists, September 2004

   November 2006.
- *Member,* Australian Psychological Society Working Group on Medicare, 2004 2006.
- *Member*, Australian Psychological Society College of Clinical Psychologists National Executive Committee, 2002 2009.
- Member, Australian Psychological Society Health Advisory Committee, 2005.
- *Member*, Australian Psychological Society Directorate of Professional Practice Advisory Group (DPPAG), September 2004 November 2006.
- *Chair*, Postgraduate Courses Approvals Sub-Committee, Australian Psychological Society College of Clinical Psychologists, 2002 2004.
- *Chair*, Professional Competencies Sub-committee, Australian Psychological Society College of Clinical Psychologists, 2003 2004.
- *Member*, Australian Psychological Society Program Development & Accreditation Reference Group (PDARG), 2003 2004.
- *Member*, Australian Psychological Society, Working Group to Review Guidelines & Code of Professional Conduct, 1998 2002.
- Member, Australian Psychological Society, Working Group on Psychology and Racism, 1997-1999
- *Inaugural National Convenor*, Special Interest Group in Psychology & Cultures, Australian Psychological Society; 1995 1998; The establishment of this interest group was initiated by my endeavours in 1993 through the Victorian Branch and, subsequently, at the national level.
- *Committee Member*, College of Clinical Psychologists (Victorian Section), Australian Psychological Society (1993 1996)
- *Victorian Section Representative*, College of Clinical Psychologists Australian Psychological Society Victorian Branch Committee, 1993 1995
- Editor & Assistant Editor, APS (Vic Branch) Newsletter; June 1991 1994;
- Committee member, Australian Psychological Society Victorian Branch, 1991 1995
- **State Convenor**, Australian Psychological Society Victorian Branch, Transcultural Psychology Issues Special Interest Group, 1993 1995

# **Conferences**

- Chair, Scientific Program Committee, 2016 World Congress of Behavioral & Cognitive Therapies.
- *Member, Scientific Program Committee,* 2015 Conference of the Australian Psychological Society (Gold Coast) (since 2014).
- *Member, Scientific Program Committee,* 2016 Conference of the Australian Psychological Society: 50 Years Celebration of the APS (Melbourne) (since 2014).
- *Member, Scientific Program Committee*, 2013 World Congress of Behavioral & Cognitive Therapies, Lima (Peru)
- *Member, Scientific Program Committee,* 2013 Conference of the Australian Psychological Society (Cairns) (2012 present).
- *Chair, Scientific Program,* 2010 International Congress of Applied Psychology, co-sponsored by the Australian Psychological Society & International Association of Applied Psychology, Melbourne (Australia).
- *Member, Organisational Committee*, International Congress of Applied Psychology, co-sponsored by the Australian Psychological Society and International Association of Applied Psychology, 2010.
- *Member*, International Scientific Committee, 2005 European Association of Behavioural and Cognitive Therapies Conference..

## **Research Organisations**

- *Member, Expert Advisory Committee,* beyondblue, Victorian Centre of Excellence in Depression and Related Disorders, since April 2006
- Member, Grant Review Panel (Psychology/Psychiatry), National Health & Medical Research Council, 2006, 2007, 2009

## **Services to Community:**

- Member, Victorian State Government Department of Health hoarding and squalor project (providing consultation and advice regarding development of a common service response framework for compulsive hoarding and squalor); since March 2012.
- **Board Member**, **Nurses Board of Victoria** (responsible for protection of public, professional conduct, registration and other matters related to the profession of nursing); June 1995 1998
- **Deputy Chairperson**, **Research Advisory Committee**, **Nurses Board of Victoria** (responsible for granting of research funds from Nurses Board of Victoria); June 1995 1998
- Committee Member, ADEC Action on Disability within Ethnic Communities, 1981-82
- "Friend" of the Obsessive-Compulsive Disorder Foundation of Victoria, Anxiety Recovery Centre Victoria, and the Mood Disorders Support Group of Victoria
- Invited speaker and workshop presenter in the areas of Anxiety, Depression, Obsessive-Compulsive and Related Disorders, and Cognitive-Behaviour Therapy to numerous community organizations (e.g. Wintringham Hoarding Forum, 2011; City of Greater Geelong, 2011; Cancer Council of Victoria 2004, Conference for Carers of People with Mental Illness 2002; Anxiety Recovery Centre Victoria, Seminars for OCD & Anxiety Disorders Week 2001, 2002, 2003, 2009, 2010, 2011, 2012; "On the Edge" Forums for Anxiety & Depression, Albury-Wodonga, 2001 and 2002; Grampians Region Mental Health Forum 2003; AACBT Master Therapist Workshops; PADA Conference 2004 Keynote Speaker).
- *Frequent media commentator*, television commentator, radio interviews, newspaper and popular journal articles, public talks, etc.

### JOURNAL REVIEWER & EDITORIAL BOARD MEMBERSHIP

- Editorial Advisor, Australian Psychologist, A journal of the Australian Psychological Society (APS);
   since 2012
- Editorial Board, Behavior Therapy, 2012 2013
- Editorial Board, Journal of Obsessive-Compulsive and Related Disorders, since January 2011
- Associate Editor, International Journal of Psychology; 2011 2014
- Editorial Board, Australian Psychologist, A journal of the Australian Psychological Society (APS);
   since 2006 2012
- *Editorial Board*, The Cognitive Behaviour Therapist, A journal of the British Association for the Behavioural and Cognitive Psychotherapies (BABCP); since September 2007
- *Editorial Board*, Behavioural and Cognitive Psychotherapy, A journal of the British Association for the Behavioural and Cognitive Psychotherapies (BABCP); since May 2006
- Editorial Board, e-Journal of Applied Psychology, since May 2005
- Reviewer (examples): Australian & New Zealand Journal of Psychiatry; Australian Psychologist; Autism; Behavioural and Cognitive Psychotherapy; Behaviour Change; Behaviour Research & Therapy; BMC Psychiatry; Clinical Psychology & Psychotherapy; Cognitive Therapy & Research; Depression and Anxiety; Journal of Abnormal Psychology; Journal of Anxiety Disorders; Journal of Behavior Therapy and Experimental Psychiatry; Journal of Cognitive Psychotherapy; Journal of Obsessive-Compulsive and Related Disorders; Journal of Stress & Medicine; Journal of Psychosomatic Medicine; Medical Journal of Australia; PLOS ONE; Psychiatry Research; Psychological Reports; etc.

# GRANTS/TENDERS (Total grant income as Principal or Chief Investigator = \$16,496,087)

- Movember Australian Mental Health Initiative (2014-2017). Lubman, D., Lloyd, B., Cunningham, J., Carter, G., Kyrios, M., Webb, G., McCann, T., Rajaratnam, S., Smith, K., Muecke, S., Bosley, E., Ivanov, T., Grantham, H., Sanderson, B. Improving men's access to care: a national ambulance approach to reduce suicide and to improve the mental health of men and boys; \$2,757,000.
- Mental Illness Research Fund, Department of Human Services, Victorian Government (2013-2016).
   M. Kyrios, J. Farhall, S. Rossell, N. Thomas, D. Castle, L. Sterling, G. Murray, E. Fossey, C. Mihalopoulos, J. Anderson, S. Farnan, J. Kulakarni, L. Brophy, L. Collister, D. Meyer; Use of online technology to promote self-management and recovery in people with psychosis; \$1,966,610
- **2013 Barbara Dicker Brain Sciences Foundation Grant.** Kyrios, M., Bhar, S.S., Nedeljkovic, M. & Ahern, C. The Disturbed Self: Selfhood and Psychopathology. A 2-day conference. (Conference Grant). \$10,000.
- **2013 Barbara Dicker Brain Sciences Foundation Grant.** Kyrios, M., Sterling, L., Lopez, A., Vasa, R. & Pedell, S. Supportive technology for monitoring sleep disorders. \$15,000.
- **2013 Barbara Dicker Brain Sciences Foundation Grant.** Nedeljkovic, M., Kyrios, M. & Fitzpatrick, M. Pilot evaluation of an online treatment program for hoarding disorder: The role of co-morbid MDD & depression symptom severity on outcome. \$15,000.
- Commonwealth Department of Health & Ageing Telephone Counselling, Self Help & Webbased Support Programs (2012-2015). "National e-Therapy Centre: Anxiety Online"; D. Austin & M. Kyrios; \$2,520,000.
- **2012 Barbara Dicker Brain Sciences Foundation Grant.** Liley, D., Kyrios, M., Woods, W., Kuhlmann, L. & Moulding, R. Characterising dynamical complexity in brain electromagnetic activity in generalized anxiety. \$17,000.

- **2012 Barbara Dicker Brain Sciences Foundation Grant.** Kyrios, M., Hughes, M., Woods, W. & Jiang, J. The Neural Basis of Moral Reasoning in Obsessive-Compulsive Disorder and Its Relationship to Depression. \$14,000.
- **2012 Barbara Dicker Brain Sciences Foundation Grant.** Nedeljkovic, M., Hughes, M., Kyrios, M., Moulding, R. & Bhar, S.S. Brain function biomarker predictors of outcome in the treatment of depressed people with hoarding disorder. \$15,000.
- Education Infrastructure Fund (2011). Consortium led by the University of Queensland; Funding to purchase Magnetoencephalogram (MEG) for Swinburne University, submission on behalf of Swinburne by M. Kyrios & D. Crewther; \$1,550,000.
- **2011 Barbara Dicker Brain Sciences Foundation Grant.** Abbott, J. Klein, B., Nyguyen, D., Kyrios, M. & Murray, G.W. Development of an online treatment program for insomnia. \$25,000.
- **2011** Barbara Dicker Brain Sciences Foundation Grant. Kyrios, M. & Klein, B. Evaluation of a fully automated internet-based treatment for depression. \$15,000.
- State Government of Victoria Science Agenda Program (2011 2012). Victorian Biomedical Imaging Capability consortium, submission on behalf of Swinburne by M. Kyrios; \$940,000.
- National Health & Medical Research Council Grant 1002908 (2011 2015). Gunn, J., Herrman, H., Chondros, P., Hegarty, K., Dowrick, C., Palmer, V. & Kyrios, M. Project Grant. The diamond cohort study better management of those at risk of persistent and disabling depression. (2011 2015: \$1,478,404.80).
- Beyond Blue, Victorian Centre of Excellence in Depression and Related Disorders (2011-2014). Evaluation of a tailored online same-sex attracted youth (SSAY) focused trans-diagnostic mental health and wellbeing program; Klein, B., McClaren, S., Austin, D., Abbott, J., Malloy, Meyer, D., DeMarco & Kyrios, M.; \$124,857.
- National Health & Medical Research Council Grant 620506 (2010 2012). Kyrios, M., Nedeljkovic, M., Mouding, M., Klein, B., Austin, D. Project Grant. Evaluation of an internet-based cognitive-behavioural treatment program for Obsessive-Compulsive Disorder. (2010: \$149,750; 2011: \$119,750; 2012: \$49,750).
- Beyond Blue, Victorian Centre of Excellence in Depression and Related Disorders (2010 2012). The efficacy of the Nothing Ventured Nothing Gained online adolescent and parent mental health program for the prevention of depression, anxiety and other adverse mental health problems in rural adolescents with Type 1 diabetes. Hackworth, N., Klein, B., Mathews, J., Burke, K., Kyrios, M., Cameron, F., Northam, E., Ciechomski, L. 2010-12: \$150,000.
- Australian Research Council Linkage Grant (LP0990162) (2009-2011). Staiger, P. Kyrios, M., Kambouropoulos, N., Gruenert, S.M., Long, C.M. Improving the retention rate for residential treatment of substance abuse by sequential intervention for social anxiety. (2009: \$34,369; 2010: \$69,274; 2011: \$34,905).
- *Gambling Research Australia (2009)*. Moore, S., Kyrios, M., Staiger, P., Graffam, J., & Thomas, A.C. International student gambling: The role of acculturation, gambling cognitions and social circumstances. (\$250,000).
- National Health & Medical Research Council Grant 566511 (2009 2011). Gunn, J., Herrman, H., Chondros, P., Kokanovic, R., Kyrios, M., Hegarty, K., Gilchrist, G. The diamond cohort study long term outcomes of depressive symptoms in primary care. (\$554,600).
- National Health & Medical Research Council Grant 553059 (2009 2011). Kavanagh, D., Klein, B.,
   Austin, D., Proudfoot, J., Kay-Lambkin, F., Connor, J., Young, R. (Al: Connolly, J., White, A., Baker,
   A., Kyrios, M.). Evaluation of Internet-Based Treatments for Comorbidity of Alcohol Disorders and

- Depressive Mood. (2009: \$243,000; 2010: \$275,000; 2011: \$166,000).
- Australian Learning & Teaching Council (2008). Pachana, N., Sofronoff, K., and partners from Queensland University (Halford, K.; O'Brian, M.), Griffith University (O'Donovan, A.), James Cook University (Helms, E.), Macquarie University (Schwartz, S.; Baillie, A.), Swinburne University of Technology (Kyrios, M.; Murray, G.). \$200,000.
- Commonwealth Department of Health & Ageing (2008-2010). "Anxiety Online": Making available to all Australians the world's most effective internet-based clinical treatment programs for the anxiety disorders. (eTherapy Unit Co-Directors: Klein, B., Austin, D.; Chair, Executive Committee: Kyrios, M.], PsyCHE Research Centre, Swinburne University). (\$1,660,000).
- *Telematics Trust (2007).* Development and initial evaluation of an internet-based psychoeducation and treatment program for Obsessive-Compulsive Disorder (OCD): e-STOP. Kyrios, M., Williams, B. & Jones, B. (\$28,687).
- National Health & Medical Research Council Grant 454463 (2007 2009). The diamond cohort study examining depressive symptoms in primary care. Gunn, J., Herrman, H., Gilchrist, G., Hegarty, K., Kyrios, K. & Pond, D. (\$549,500).
- Department Of Justice, Office of Gaming And Racing Grants (2007 2009). Problem gambling vulnerability: The interaction between access, individual cognitions and group beliefs/preferences. Moore, S., Kyrios, M., Bates, G., Meredyth, D. (\$167,720).
- Australian Primary Health Care Research Institute (2005 2007). REORDER: Reorganising care for depression and related disorders in the Australian primary care setting. Gunn, J., Griffiths, F., Pierce, D., Blashki, G., Hegarty, K., Pond, D., Dowrick, C., Kyrios, M., Gilchrist, G., Hurworth, R., Mihalopoulos, K., Chondros, P. (2005: \$256,585; 2006: \$241,067; 2007: \$269,353)
- Department of Human Services, Victoria (2005-2007). Evaluation of pre-diabetes intervention: Go for your life program. S. Moore, M. Kyrios, E. Hardie, S. Buzwell, N. Crafti, C. Critchley, & N. Kambouropoulos. (2005, \$64,000; 2006, \$198,000; 2007, \$139,000).
- Beyond Blue, Victorian Centre of Excellence in Depression and Related Disorders Grant (2004 2006). Implementation Trial for Chronic Heart Disease, Diabetes and Depression in Primary Care. (Led by the PANORAMIC Consortium). Awarded to M. Kyrios, S. Bunker, J. Dunbar, P. Reddy (\$210,000).
- Beyond Blue, Victorian Centre of Excellence in Depression and Related Disorders Grant (2004/2005). The integration of cognitive behavioural treatment for Obsessive-Compulsive Disorder into the primary care context: an evaluation of 3 models. M. Kyrios, J. Gunn, S. Bhar (\$50,000).
- Beyond Blue, Victorian Centre of Excellence in Depression and Related Disorders Grant (2004/2005). Depression and musculoskeletal pain in primary care. J. Furler, M. Kyrios, P. Reddy, A. Stewart (\$50,000).
- National Health & Medical Research Council Grant 299869 (2004 2006). Diagnosis, Management and Outcomes of Depression in Primary Care (DIAMOND) – a longitudinal study. J. Gunn, H. Herrman, K. Hegarty, G. Blashki, D. Pond, M. Kyrios (\$350,000).
- Beyond Blue, Victorian Centre of Excellence in Depression and Related Disorders Consortium Grant (2003/2004). Diagnosis, Management and Outcomes of Depression in Primary Care (DIAMOND) – a longitudinal study. Awarded to the DIAMOND Consortium (\$450,000).
- Beyond Blue, Victorian Centre of Excellence in Depression and Related Disorders Grant (2003/2004). Models of collaboration between general medical practitioners and psychologists in the delivery of cognitive behavioural treatment for Obsessive-Compulsive Disorder. M. Kyrios, J.

- Gunn, S. Bhar, K. l'Anson. (\$50,000).
- Beyond Blue, Victorian Centre of Excellence in Depression and Related Disorders Grant (2003/2004). Diagnosis, Management and Outcomes of Depression in Primary Care (DIAMOND) a longitudinal study. J. Gunn, H. Herrman, K. Hegarty, G. Blashki, D. Pond, M. Kyrios, J. Sims, D. Pierce, D. Southern, L. Sanci, A. Tylee.(\$50,000).
- *Melbourne Research Grant Scheme (2002/2003).* Evaluation of cognitive-behaviour therapy in the treatment of obsessions in Obsessive-Compulsive Disorder. M. Kyrios. (\$15,400).
- National Health & Medical Research Council Grant 236175 (2003 2005). Relationship between anterior cingulate morphology, neuronal integrity and function in schizophrenia and Obsessive-Compulsive Disorder. M. Yucel, S. Wood, C. Pantelis, M. Kyrios, M. Wellard, and M. Phillips. (\$340,000).
- *Melbourne Research Grant Scheme (2001/2002).* Cognitive changes following treatment for Obsessive-Compulsive Disorder. M. Kyrios. (\$12,500).
- Australian Research Council Small Grant (2000). Do changes in certain cognitive styles mediate the relationship between changes in measures of neuropsychological performance and compulsive behaviour? M. Kyrios & P. Maruff. (\$7,500).
- National Health & Medical Research Council Grant 970599 (1997 1999): A functional neuroimaging study of frontal-striatal function in OCD and depression. C. Pantelis, P. Maruff & M. Kyrios. (\$253,207).
- Australian Research Council Small Grant (1996). An experimental manipulation of inflated responsibility: Behavioural effects in clinical and non-clinical groups. M. Kyrios. (\$6,500).
- National Health & Medical Research Council Grant 950599 (1995 1996). Frontal-Striatal Function in OCD; M. Kyrios & C. Pantelis. (\$81,298).

### **PUBLICATIONS & PAPERS PRESENTED**

# (a) Books & Chapters (published, in press)

- 1. Kyrios, M., Abbott, J., Reynolds, J. & Thomas, N. (in press). Ethical aspects of psychological treatment and assessment over the Internet. Invited Chapter for Morrissey, S., Reddy, P., Davidson, G. and Allan, A. (Eds.) Ethics and Professional Practice for Psychologists. 2<sup>nd</sup> Edition. Cencage Publications.
- 2. Kyrios, M. (in press). Anxiety disorders in primary care. Invited chapter in P. Emmelkamp & T. Ehring (Eds.) <u>International Handbook of Anxiety Disorders: Theory, Research & Practice</u>, Wiley-Blackwell.
- 3. Doron, G., Mikulincer, M. Sar-El., D., & Kyrios, M. (in press). Integrating Psychodynamic and Cognitive Approaches to Obsessive Compulsive Disorder Attachment Insecurities and Self-Related Sensitivities in Morality and Relational Domains. Invited chapter in P. Luyten, L. Mayes, P. Fonagy, M. Target, & S. Blatt (Eds.), <u>Handbook of contemporary psychodynamic approaches to psychopathology</u>. NY: Guilford.
- Kyrios, M. (2013). Psychological models of compulsive hoarding. Chapter 16 in R. O. Frost and G. Steketee (eds.) <u>The Oxford Handbook of Hoarding and Acquiring</u>. Oxford University Press. pp. 206-220. ISBN: 9780199937783
- 5. Klein, B., Austin, D., Nguyen, G., Smith, A., Donelan, P., Abbott, J., Kyrios, M., Mitchell, J., Lauder, S., Shandley, K., Moulding, R., Nedeljkovic, M., Meyer, D., Ciechomski, L., Shields, D., Baulch, J. & Williams, B. (2012). The first two years of Anxiety Online, an international e-mental health

- service for the anxiety disorders. Chapter in D. Castle, S. Hood & V. Starcevic. <u>Anxiety Disorders:</u> <u>Current Understandings, Novel Treatments</u>, Australian Postgraduate Medicine, Melbourne, pp. 187–203.
- 6. Pachana, N.A., Baillie, A., Helmes, E., Halford, K., Murray, G., Kyrios, M., Donovan, A., O'Brien, M., Schwartz, S., & Sofronoff, K. (2012). Taking clinical psychology postgraduate training into the next decade: Aligning competencies to the curriculum. In S. McCarthy, L. Dickson, J. Cranney, A. Trapp & V Karandashev (Eds.), Teaching psychology around the world, Volume 3. Newcastle upon Tyne, UK: Cambridge Scholars, pp. 72-86.
- 7. Doron, G., Sar-El., D., Mikulincer, M. & Kyrios, M. (2011). When Moral Concerns Become a Psychological Disorder: The Case of Obsessive Compulsive Disorder. In M. Mikulincer & P.R., Shaver (Eds.). Social Psychology of Morality: Exploring the Causes of Good and Evil. Washington, DC: American Psychological Association. pp. 293–310.
- 8. Kyrios, M. (2011). Psychological Factors in Excessive Consumption. Chapter in P. Newton (Ed.). Landscapes of urban consumption. CSIRO Publishing, pp. 93–104.
- 9. Martin, P., Cheung, F., Kyrios, M., Littlefield, L., Knowles, M., Overmier, B. & Prieto, J.M. (Eds.). (2011). The IAAP Handbook of Applied Psychology, Wiley-Blackwell.
- 10. Moulding, R., Nedeljkovic, M. & Kyrios, M. (2011). Obsessive Compulsive Disorder in the DSM. Chapter in Murray, G. (Ed.) <u>Thinking critically about DSM</u> (Diagnostic and Statistical Manual of Mental Disorders), Nova Science. Chapter 10.
- 11. Nedeljkovic, M., Moulding, R., Foroughi, E., Kyrios, M., Doron, G. (2011). Cultural issues in understanding and treating obsessive-compulsive and spectrum disorders. In G. Steketee (Ed.). Oxford Handbook of Obsessive Compulsive and Spectrum Disorders. NY: Oxford University Press. pp. 496–520.
- 12. Moulding, R., Nedeljkovic, M. & Kyrios, M. (2010). <u>Anxiety Disorders</u>. Check (Independent Learning Program for General Practitioners; April, 2010). Royal Australian College of General Practitioners.
- 13. Proudfoot, J., Klein, B., Andersson, G., Carlbring, P., Kyrios, M., Munro, C., Lauder, S., Palermo, T., Riper, H. & Blankers, M. (2010). Guided CBT Internet Interventions: Specific Issues in Supporting Clients with Depression, Anxiety and Co-morbid Conditions. Chapter 25 in Bennett-Levy, J., Richards, D., Farrand, P., Christensen, H., Griffiths, K., Kavanagh, D., Klein, B., Lau, M., Proudfoot, J., Ritterband, L., White, J. & Williams, C. (Editors) Oxford Guide to Low Intensity Interventions. OUP.
- 14. Kyrios, M. (2009). An examination of psychosocial factors associated with compulsive buying. McWelling Todman (Ed.) <u>Self-Regulation and Social Competence</u>: <u>Psychological Studies in Identity, Achievement and Work-Family Dynamics</u>. Athens, Greece: ATINER, pp. 47–64.
- Kyrios, M. (2009). Cognitive-behaviour therapy in medical illness. Chapter in G. Simos (Ed.) <u>Cognitive-Behaviour Therapy: A Guide for the Practicing Clinician, Vol. II</u>. London, UK: Routledge. pp. 127–143.
- 16. Castle, D., Hood, S. & Kyrios, M. (Eds.; 2007). <u>Anxiety Disorders: Current Controversies, Future Directions</u>. Australian Postgraduate Medicine: Melbourne, Australia.
- 17. Kyrios, M., Nedeljkovic, M., Moulding, R. & Doron, G. (2007). Problems of employees with personality problems. In J. Langan-Fox, G. Cooper, & R. Klimoski, (Eds.). Research Companion to the Dysfunctional Workplace: Management Challenges and Symptoms. UK: Edward Elgar, pp. 40–57.
- 18. Kyrios, M. (2007). Anxiety in disorders of compulsive acquisition (hoarding and shopping). In D. Castle, S. Hood & M. Kyrios (Eds.) <u>Anxiety Disorders: Current Controversies, Future Directions</u>.

- Australian Postgraduate Medicine: Melbourne, Australia. pp. 65-74.
- 19. Kyrios, M. & Hegarty, K. (2007). Self-monitoring and Psychometric Tools. In Blashki, G., Judd, F., & Piterman, L. (Eds.) <u>Common Problems in General Practice Psychiatry</u>. North Ryde, NSW: McGraw-Hill, pp. 356–372.
- 20. Lam J. & Kyrios, M. (2007). Conceptualization and Psychological Factors of Problem Gambling. In Shek, D., Yiu, T. I., & Chan, E. (Eds.) Proceedings of the Inaugural Asian Pacific Problem Gambling Conference 2005: Advances in Problem Gambling: Theory, Service and Research in the Asia-Pacific Region. Hong Kong: Tung Wah Group of Hospitals & The Chinese University of Hong Kong, pp. 244–273.
- 21. Streel, E., Antoniali, V., Pelc, I., Verbanck, P., & Kyrios, M. (2007). Emotions and fear: from neurobiological mechanisms to pharmacological interventions. Chapter in S. Campanella (Ed.) Fear in Cognitive Neurosciences, Nova Science Publishers. pp. 97–115
- 22. Kyrios, M. (2003). Exposure and response prevention in the treatment of Obsessive–Compulsive Disorder. In R. Menzies & P. de Silva (Eds.). <u>Obsessive-Compulsive Disorder: Theory, Research and Treatment</u>, Chichester, England: John Wiley & Sons, pp. 259–274.
- 23. Kyrios, M., Steketee, G., Frost, R.O., Oh, S. (2002). Cognitions in compulsive hoarding. In R.O. Frost & G. Steketee (Eds.), <u>Cognitive approaches to obsessions and compulsions: Theory, assessment, and treatment</u>. Oxford: Elsevier, pp. 269–289.
- 24. Riskind, J.H., Williams, N.L. & Kyrios, M. (2002). Experimental methods for studying cognition in Obsessive-Compulsive Disorder. In: R. O. Frost & G. Steketee (Eds.), <u>Cognitive approaches to obsessions and compulsions: Theory, assessment, and treatment.</u> Oxford: Elsevier, pp. 139–164.
- 25. Taylor, S., Kyrios, M., Thordarson, D.S., Frost, R.O. & Steketee, G. (2002). Development and Validation of Instruments for Measuring Intrusions and Beliefs in Obsessive Compulsive Disorder. In R. O. Frost & G. Steketee (Eds.), <u>Cognitive approaches to obsessions and compulsions: Theory, assessment, and treatment</u>. Oxford: Elsevier, pp. 117–138.
- Kyrios, M. (1998). A cognitive-behavioural approach to the understanding and management of Obsessive-Compulsive Personality Disorder, <u>Chapter in</u>: Perris, C. & McGorry, P. (Eds.) <u>Cognitive</u> <u>Therapy of Psychiatric and Personality Disorders</u>, Wiley, pp. 351–378.
- 27. Kyrios, M. (1996). Psychological treatment of social phobia, <u>Proceedings from the 1st Australian Summit on Social Anxiety Disorder</u>, Melbourne, Australia: OCADF.
- 28. Kyrios, M. (1994) Suicide, culture, and migrants, <u>Suicide: Crisis in Community and Rural Health</u>, Lifeline (Ballarat).
- 29. Kyrios, M. & Prior, M. (1992) Temperament, stress & family factors in the behavioural adjustment of 3 5 year old children, In S. Chess & M.E. Hertzig (Eds.), <u>Annual Progress in Child Psychiatry and Child Development: 1991</u>, New York: Brunner/Mazel.

## (b) Peer reviewed journal articles (published & in press)

- McKay, D., Sookman, D., Simpson, H.B., Wilhelm, S., Stein, D., Kyrios, M., Neziroglu, F., Matthews, K. (in peess). Efficacy of Cognitive-Behavioral Therapy for Obsessive-Compulsive Disorder. Psychiatry Research. *Accepted* 17/3/2014
- 2. Ciorciari, J., Lawrence, L. & Kyrios, M. (2014). Cognitive processes associated with compulsive buying behaviours and related EEG coherence. <u>Psychiatry Research: Neuroimaging</u>, <u>221</u>, 97 103.
- 3. Kyrios, M., Moulding, R. & Bhar, S.S. (2014). A clinician's quick guide of evidence based approaches: Obsessive Compulsive Disorder. Invited paper for Clinical Psychologist. 18, 96 97.

- 4. Kyrios, M., Nedeljkovic, Moulding, R., Klein, B., Austin, D., Meyer, D. & Ahern, C. (2014). Study protocol for a randomised controlled trial of internet-based cognitive-behavioural therapy for Obsessive-Compulsive Disorder. <u>BMC Psychiatry</u>. 14, 209- 209.
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- 6. McQueen, P., Moulding, R. & Kyrios, M. (2014). Experimental evidence for the influence of cognitions on compulsive buying. <u>Journal of Behavior Therapy & Experimental Psychiatry</u>. <u>45</u>, 496 501.
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# (c) Other publications

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# (d) Papers/Books/Chapters submitted or in preparation

- 1. Ahern, C. & Kyrios, M. (in preparation). The association of explicit self construals and neutralization in Obsessive-Compulsive Disorder: A pilot experimental study. <u>Journal of Abnormal Psychology</u>.
- 2. Ahern, C. & Kyrios, M. (in preparation). Implicit and explicit self-esteem discrepancy & self-ambivalence in obsessive-compulsive disorder. Invited paper for <u>Journal of Behavior Therapy & Experimental Psychiatry</u>.
- 3. Ahern, C. & Kyrios, M. (in preparation). Self-based concepts and obsessive compulsive phenomena. Paper for invited Special Edition in <u>Australian Psychologist</u> edited by Ahern, C., Nelson, B. & Kyrios, M.
- 4. Ahern, C., Nelson, B. & Kyrios, M. [Editors] (in preparation). Self Constructs in Psychological Disorder. Special Edition of <u>Australian Psychologist</u>.
- 5. Bhar, S. & Kyrios, M. (in preparation). Self ambivalence in the treatment of Obsessive-Compulsive Disorder. Paper in preparation for 2015 Special Edition of <u>Psychopathology</u> edited by Kyrios, M., Nelson, B., Ahern, C., Parnas, J. & Fuchs, T.
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- 12. Kyrios, M., Ahern, C., Nedeljkovic, M., Moulding, R., Fitzgerald, K., Klein, B., Austin, D. & Meyer, D. (in preparation). Online therapist-assisted cognitive-behaviour therapy for Obsessive-

- Compulsive Disorder: Initial findings from a randomised control study. Paper in preparation for <u>Journal of Consulting and Clinical Psychology</u>.
- 13. Kyrios, M., Bhar, S., Hordern, C., Moulding, R. & Nedeljkovic, M. (in preparation). The role of self ambivalence in relapse following cognitive-behavioural therapy for Obsessive Compulsive Disorder. Paper in preparation for <u>Journal of Anxiety Disorders</u>.
- 14. Kyrios, M., Frost, R.O., Steketee, G. & Ahern, C. & (in preparation). The influence of family of origin on compulsive hoarding. Paper in preparation for Anxiety & Depression.
- 15. Kyrios, M., Gunn, J. & Diamond team (in preparation). Anxiety and obsessive-compulsive features in a depressed cohort in primary care: Findings from the Diamond Study. For <u>Acta Psychiatrica Scandinavica</u>.
- 16. Kyrios, M., Gunn, J. & Diamond team (in preparation). 5 year outcomes for depressed patients with anxious and obsessive-compulsive features in primary care: Findings from the Diamond Study. Acta Psychiatrica Scandinavica.
- 17. Kyrios, M., Gunn, J. & Diamond team (in preparation). 5 year outcomes for a depressed cohort with diabetes in primary care: Findings from the Diamond Study. Paper in preparation for <u>MJA</u>.
- 18. Kyrios, M., Hordern, C., Moulding, R., Nedeljkovic, M., Bhar, S. (in preparation). Predictors of clinically reliable response to Cognitive Behaviour Therapy for Obsessive-Compulsive Disorder. Behaviour Research & Therapy.
- 19. Kyrios, M., Mogan, C., Moulding, R., Yap, K. & Frost, R.O., (in preparation). The cognitive-behavioral model of compulsive hoarding: Evidence from clinical and non-clinical cohorts. Paper in preparation for Behaviour Research & Therapy.
- 20. Kyrios, M., Moulding, R., Nedeljkovic, M., Bhar, S.S, Doron, G. & Mikulincer, M. (Editors; in preparation). <u>The Self in Understanding and Treating Psychological Disorders</u>. Book in preparation for Cambridge University Press.
- 21. Kyrios, M., Nelson, B., Ahern, C., Parnas, J. & Fuchs, T. [Editors] (in preparation). The Self in Psychopathology. Special Edition of Psychopathology for 2015.
- 22. Mancuso, S.G. & Kyrios, M. (submitted). The mediating role of body image flexibility in body dysmorphic disorder symptoms and maladaptive body image coping strategies. <u>Journal of Contextual and Behavioral Science</u>.
- 23. Mogan, C., Yap, K., Kyrios, M., Schweitzer, I. & Moulding, R. (submitted). An investigation of the clinical features associated with Hoarding Disorder. <u>Journal of Obsessive Compulsive & Related Disorders</u>.
- 24. Nedeljkovic, M., Moulding, R. & Kyrios M. (in preparation). The self in Cluster C personality disorders: The exemplar of Obsessive Compulsive Personality Disorder. Chapter for Kyrios, M., Moulding, R., Nedeljkovic, M., Bhar, S.S, Doron, G. & Mikulincer, M. (Editors). The Self in Understanding and Treating Psychological Disorders. Book in preparation for Cambridge University Press.
- 25. Shalev, S., Bhar, S., Moulding, R. & Kyrios, M. (in preparation). Inflated responsibility constructs in OCD: Factor analysis of responsibility measures and their prediction of OC phenomena. Paper in preparation for <u>Journal of Obsessive Compulsive & Related Disorders</u>.
- 26. Shalev, S., & Kyrios, M. (in preparation). Prediction of inflated responsibility measures. Paper in preparation for <u>Journal of Obsessive Compulsive & Related Disorders</u>.
- 27. Shalev, S., Moulding, R., Bhar, S., Meyer, D. & Kyrios, M. (in preparation). Developmental pathways to self construals and inflated responsibility in OCD phenomena. Paper in preparation for <a href="Psychopathology">Psychopathology</a>

# (e) Selected invitations

- 1. Kyrios, M. (2015). Online psychological treatment for anxiety and related disorders: Past and future developments. Invited keynote for the British Association of Behavioural and Cognitive Psychotherapy Conference to be held in Dublin, Ireland, 2015.
- 2. Kyrios, M. (2015). Incorporating notions of the self in the treatment of Obsessive Compulsive Disorder. Invited workshop for the British Association of Behavioural and Cognitive Psychotherapy Conference to be held in Dublin, Ireland, 2015.
- 3. Kyrios, M. (2014). Understanding, assessing and managing Hoarding Disorder. Invited workshop, NSW North Coast Branch, Australian Psychological Society, December 2014.
- 4. Kyrios, M. (2014). How Psychology contributes to Wellbeing. National Psychology Week invited lecture, NSW Parliament, October 2014.
- 5. Kyrios, M. (2014). Novel developments in online psychological treatment: The example of Obsessive-Compulsive Disorder (OCD). Invited talk, ACT Branch of the Australian Psychological Society, October 2014.
- 6. Kyrios, M. (2014). The assessment and psychological treatment of Hoarding Disorder. Conference of the Australian Psychological Society College of Clinical Psychologists, Melbourne, Australia, June, 2014.
- 7. Kyrios, M. (2014). Novel approaches to understanding and treating Obsessive Compulsive Disorder. Invited talk. 2014 Jocelyn Wale Seminar Series. James Cook University. May 2014.
- 8. Kyrios, M. (2013). Hoarding Disorder: A renewed psychological focus on a perennial problem. Invited Keynote, 15th Annual International Conference on Hoarding and Cluttering. San Francisco, May 2013.
- 9. Kyrios, M. (2013). The Self in the treatment of Obsessive Compulsive Disorder. Invited workshop for the South Australian Section APS College of Clinical Psychologists (Adelaide, October 2013)
- 10. Kyrios, M. (2013). The Self in the treatment of Obsessive Compulsive Disorder. Invited Masterclass workshop for the Tasmanian Branch APS College of Clinical Psychologists (Launceston, April 2013)
- 11. Kyrios, M. (2013). Cognitive-Behaviour Therapy in the treatment of OCD. Invited workshop for the Tasmanian Branch APS College of Clinical Psychologists (Launceston, April 2013)
- 12. Kyrios, M. & Moulding, R. (2013). The assessment and psychological treatment of Hoarding Disorder. Invited workshop series presented on behalf of the Australian Psychological Society (held in Adelaide, Canberra, Hobart, Melbourne, Newcastle, Perth, and Sydney throughout 2013).
- 13. Kyrios, M. (2012). Psychological factors in the management of hoarding. Invited keynote, Hoarding & Squalor Brisbane Forum 2012, Brisbane City Council, Centacare Community Services, Brisbane October 2012.
- 14. Kyrios, M. (2012) Identifying and treating dysfunctional aspects of the self in Obsessive-Compulsive Disorder. Invited workshop, Conference of the Australian Psychological Society College of Clinical Psychologists, Sydney, Australia, June, 2011.
- 15. Kyrios, M. (2012). The Diagnosis, Conceptualisation, Treatment and Management of Hoarding Problems. Invited workshop Anxiety Disorders Association of Victoria, Melbourne March, 2012.
- 16. Kyrios, M. & Moulding, R. (2012). After DSM-5: What you I need to know about the diagnosis, understanding and management of Hoarding Disorder. Invited workshop presented at the 46th Australian Psychological Society Annual Conference, Perth, October 2012.
- 17. Kyrios, M. (2011). The Diagnosis and Management of Hoarding Problems. Invited lecture Anxiety Disorders Association of Victoria, Melbourne, November 2011.

- 18. Kyrios, M. & Moulding, R. (2011). The Diagnosis and Management of Hoarding Problems: An open mini-workshop. Invited open workshop, Australian Psychological Society Annual Conference, Canberra, October 2011.
- 19. Kyrios, M. (2011). Innovations in the treatment of hoarding disorder. Invited address Wintringham Hoarding Forum, Melbourne, September 14, 2011.
- 20. Kyrios, M. (2011). The treatment of compulsive hoarding. Invited address, Hoarding forum, City of Greater Geelong, April 2011.
- 21. Kyrios, M. (2011) I work, therefore I am: My experiences of the IAAP Handbook as both coeditor and ICAP 2010 Scientific Chair. Invited paper in Special Symposium for Presidential Citation for Excellence, Society for General Psychology (Division 1, American Psychological Association), August.
- 22. Kyrios, M. (2010). Why do I feel compelled to buy or collect things that I don't need, and then hang on to them needlessly? Public event with Corrine Grant on Hoarding & Compulsive Shopping: "Lessons in Letting Go". Invited public talk, Anxiety Recovery Centre Victoria.
- 23. Kyrios, M. (2010). Obsessive Compulsive Disorder (OCD): Symptoms, current treatments, and future approaches. Invited address, Anxiety Disorders Association of Victoria, May 12, 2010, Melbourne.
- 24. Kyrios, M. (2010). Rising to the challenge of treating the person with Obsessive-Compulsive Disorder: Moving towards more idiographic approaches to Cognitive-Behaviour Therapy. Invited address, Annual Australian Association of Cognitive & Behaviour Therapy (AACBT) Conference, 16 20 April 2010, Melbourne, Victoria.
- 25. Kyrios, M. (2010). The self in Obsessive-Compulsive Disorder. Invited address, 27<sup>th</sup> International Congress of Applied Psychology, 11-16 July 2010, Melbourne, Victoria.
- 26. Kyrios, M., Moulding, R. & Nedeljkovic, M. (2012) The treatment of Obsessive-Compulsive Disorder. Invited workshop, 27<sup>th</sup> International Congress of Applied Psychology, 11-16 July 2010, Melbourne, Victoria.
- 27. Kyrios, M. (2009). Compulsive Hoarding: Why talk about it at a Squalor Conference? Invited Panel presentation. 1<sup>st</sup> National Squalor Conference: Pathway through the Maze. Sydney, November 2009.
- 28. Kyrios, M. (2009). Everything you ever wanted to know about compulsive hoarding but were afraid to ask: A psychological perspective. Invited Workshop presentation, 1<sup>st</sup> National Squalor Conference Pathway through the Maze, Sydney, November 2009.
- 29. Kyrios, M. (2009). Cognitive-behavioural treatment for OCD: Results from 10 years of STOP Therapy. Keynote paper presented at Anxiety Practitioners Network Conference, Sydney, Australia
- 30. Kyrios, M. (2008). Possessed with possessions: What makes us buy things excessively and uncontrollably? Invited paper presented at the Anxiety Recovery Centre (Victoria) OCD & Anxiety Disorders Week Community Education Conference, Melbourne, August, 2008.
- 31. Kyrios, M. (2008) Why do I feel compelled to buy things I don't need and then hang on to possessions needlessly? Keynote, 3<sup>rd</sup> Biennial National Conference on Anxiety & Depression, Melbourne, 2008.
- 32. Kyrios, M. (2008). Determinants of compulsive behaviour. Invited Colloquium LaTrobe University.
- 33. Kyrios, M. (2007). Formulation, assessment & treatment of problem gambling: Lessons from the obsessive-compulsive spectrum disorders. Invited Workshop, ECTA, Singapore, 2007.
- 34. Kyrios, M. (2007) Phenomenology, assessment, conceptualisation and management of

- Obsessive-Compulsive and Related Disorders. Invited Workshop, APS College of Clinical Psychologists, Perth.
- 35. Kyrios, M. (2006) Depression and Diabetes: An evidence-based clinical perspective. Invited workshop presented to the International Diabetes Institute, October 2006.
- 36. Kyrios, M. (2006) Depression and Diabetes: The dilemma of the chicken and the egg. Invited paper presented to the International Diabetes Institute, October 2006.
- 37. Kyrios, M. (2006) What else is there to know about Obsessive-Compulsive and Related Disorders? Recent developments from a cognitive perspective. Invited colloquium, Department of Psychology, Swinburne University of Technology, June 2006.
- 38. Kyrios, M. (2006) Effective communication about complications in diabetes care. Invited paper presented to the International Diabetes Institute, May 2006.
- 39. Kyrios, M. (2006). The provision of Cognitive-Behaviour Therapy for Obsessive-Compulsive Disorder in the primary care context. Invited paper to the Melbourne Division of General Practice, April 2006
- 40. Kyrios, M. (2005) The Competencies of Clinical Psychologists: Who are we and where are we going? Invited paper, APS College of Clinical Psychologists SA Section Conference 2005
- 41. Kyrios, M. (2005) Specificity in the relationship between symptom amelioration and cognitive change in Obsessive-Compulsive Disorder following Cognitive-Behaviour Therapy. Invited paper, APS College of Clinical Psychologists SA Section Conference 2005
- 42. Kyrios, M. (2005) Developments in cognitive models of Obsessive-Compulsive Disorder. Invited Colloquium, Department of Psychology, University of Melbourne.
- 43. Kyrios, M. (2004) Obsessive-Compulsive Disorder: Is the effectiveness of Cognitive-Behaviour Therapy a myth propagated by psychologists? Invited Colloquium for Albert Road Clinic. Melbourne.
- 44. Kyrios, M. (2004) Anxiety in Cancer. Invited paper for the Victorian Psycho-oncology Group (Cancer Council of Victoria) Anxiety Forum, Melbourne, October 2004
- 45. Kyrios, M. (2004) Social Phobia: An update. Invited paper for North-West Mental Health Program Psychology Forum on Anxiety Disorders, November 2004
- 46. Kyrios, M. (2004) Training Clinical Psychologists in Australia. Invited paper for the Australian Psychological Society College of Clinical Psychologists Conference, Sydney, Australia, October 2004.
- 47. Kyrios, M. (2003) Being afraid and doing it anyway: Proven treatments for overcoming anxiety disorders. Paper for Anxiety Disorders Week Conference, Anxiety Recover Centre Victoria.
- 48. Kyrios, M. (2003) An update on cognitive-behaviour therapy. Invited paper, Grampians Region Mental Health Industry Forum (2003), Ballarat, Australia.
- 49. Kyrios, M. (2003) Principles of Cognitive Behaviour Therapy for Anxiety, Obsessive-Compulsive and Related Disorders, Invited paper, Barwon Health Psychology Services Seminar on "Depression & Anxiety".
- 50. Kyrios, M. (2002) Latest Research in Mental Illness: A broad focus on cognitive behavioural therapy (CBT) research across a range of mental illness. Invited paper, 5th Conference for Carers of People with Mental Illness, Melbourne.
- 51. Kyrios, M. (1998) A cognitive perspective of Obsessive-Compulsive Disorder. Invited paper, Department of Psychiatry, University of Illinois Chicago, USA.
- 52. Kyrios, M. (1998) Obsessive-Compulsive Disorder: A research update. Invited colloquium for Department of Psychiatry, University of Oxford, UK.
- 53. Kyrios, M. (1989) The concept of temperament: Applications to research & clinical practice, Invited paper presented at the Aristotelian University of Thessaloniki, Greece.
- 54. Kyrios, M. (1988) Temperament & development: Research & Clinical Issues, Invited paper

presented to Dipartimento di Psicologia Generale, University of Padua, Italy.

# (f) Selected conference presentations (2005 +)

- 1. Kyrios, M. (2014). Symposium Convenor. Advances in the understanding and treating Obsessive Compulsive Spectrum Disorders. Symposium presented at the International Congress of Applied Psychology, Paris, July 2014.
- 2. Kyrios, M. (2014). Symposium Convenor. Internet-based therapies for mental health disorders: Mental Health Online. Symposium accepted for the International Congress of Applied Psychology, Paris, July 2014.
- 3. Kyrios, M. (2014). Novel developments in internet-based treatments for mental health disorders. Paper presented at the International Congress of Applied Psychology, Paris, July 2014.
- 4. Kyrios, K., Ahern, C., <u>Bhar</u>, S., Nedeljkovic, M., Moulding, R. & Abbott, J. (2014) Internet-based psychological treatment for Obsessive-Compulsive Disorder (OCD). Paper presented at the International Congress of Applied Psychology, Paris, July 2014.
- 5. Nedeljkovic, M., Kyrios, M., Hughes, M., Moulding, R. & Jiang, J. (2014). Neurocognitive factors in Hoarding Disorder. Paper presented at the International Congress of Applied Psychology, Paris, July 2014.
- 6. Thomas, N. & Kyrios, M. (2014). E-based treatments in recovery from severe mental illness. Paper presented at the International Congress of Applied Psychology, Paris, July 2014.
- 7. Kyrios, M. (2013). The self in Obsessive-Compulsive Disorder. Paper presented at "The Self in Psychopathology Conference." Swinburne University, November 12-13, 2013.
- 8. Kyrios, M. (2013). A new diagnosis in DSM-5: Hoarding Disorder, Paper presented at Australian Psychological Society Conference, Cairns, October 2013.
- 9. Ahern, C. & Kyrios, M. (2013). Self perceptions and neutralization of unwanted intrusions: An experimental approach. Paper presented at the 7th World Congress of Behavioural and Cognitive Therapies, Lima, Peru, July, 2013.
- 10. Jiang J. & Kyrios, M. (2013). Psychological features of obsessive-compulsive disorder with excessive moral concerns. Paper presented at the 7th World Congress of Behavioural and Cognitive Therapies, Lima, Peru, July, 2013.
- 11. Kyrios, M. (2013). Novel developments in eTherapy. Paper presented at the 7th World Congress of Behavioural and Cognitive Therapies, Lima, Peru, July, 2013.
- 12. Kyrios, M., Abbott, J., Meyer, D. (2013). Automated and therapist-assisted cognitive-behavioural internet-based therapy for anxiety disorders: The Anxiety Online service. Paper for the Annual Conference of the Association for Behavioral & Cognitive Therapies, Nashville, USA, November, 2013
- 13. Kyrios, M., Abbott, J., Meyer, D. (2013). Automated and therapist-assisted cognitive-behavioural eTherapy for anxiety disorders. Paper presented at the 7th World Congress of Behavioural and Cognitive Therapies, Lima, Peru, July, 2013.
- 14. Kyrios, M. & Ahern, C. (2013). Implicit and explicit self in Obsessive-Compulsive Disorder. Paper presented at the 7th World Congress of Behavioural and Cognitive Therapies, Lima, Peru, July, 2013.
- 15. Kyrios, M. & Ahern, C. (2013). The association of implicit and explicit self construals in Obsessive-Compulsive Disorder: A pilot experimental study. Paper for the Annual Conference of the Association for Behavioral & Cognitive Therapies, Nashville, USA, November, 2013

- 16. Kyrios, M. & Ahern, C. (2013). The association of explicit self construals and neutralization in Obsessive-Compulsive Disorder: An experimental study. Paper accepted for the European Association of Behavioral & Cognitive Therapies, Marrakech, Morocco, September 2013
- 17. Kyrios, M., Ahern, C., Bhar, S., Nedeljkovic, M., Moulding, R., Abbott, J. (2013). Internet-based therapy for Obsessive-Compulsive Disorder (OCD). Paper for the Annual Conference of the Association for Behavioral & Cognitive Therapies, Nashville, USA, November, 2013
- 18. Kyrios, M., Ahern, C., Nedeljkovic, M., Moulding, R. & Bhar, S. (2013). eTherapy for Obsessive-Compulsive Disorder (OCD). Paper presented at the 7th World Congress of Behavioural and Cognitive Therapies, Lima, Peru, July, 2013.
- 19. Kyrios, M. & Moulding, R. (2013). The use of a nationalized program of subsidized access to cognitive-behavior therapy in postgraduate psychology training. Paper presented at the 7th World Congress of Behavioural and Cognitive Therapies, Lima, Peru, July, 2013.
- 20. Thomas, N. & Kyrios, M. (2013). e-Therapy in severe mental illness: Towards promoting self-management and recovery for people with psychosis. Paper presented at the 7th World Congress of Behavioural and Cognitive Therapies, Lima, Peru, July, 2013.
- 21. Kyrios, M. & Ahern, C. (2012) Self construals in Obsessive-Compulsive Disorder. Paper presented at the 46th Annual Conference, Australian Psychological Society, Perth, Australia, September 2012.
- 22. Kyrios, M. (2011). The self in Obsessive-Compulsive Disorder, paper presented at 12<sup>th</sup> European Congress of Psychology, Istanbul, Turkey, July 2011.
- 23. Kyrios, M., Klein, B. & Austin, A. (2011). Internet-based psychological treatment: Setting up a national online service for anxiety disorders. Paper, 12<sup>th</sup> European Congress of Psychology, Istanbul, Turkey.
- 24. Ahern, C. & Kyrios, M. (2010). The role of self-ambivalence and contingent self-worth in the experience of unwanted intrusive thoughts. Paper, 27<sup>th</sup> International Congress of Applied Psychology, 11-16 July 2010, Melbourne, Victoria.
- 25. Bhar, S. & Kyrios, M. (2010). Self and psychopathology: An introductory overview. Oral Paper, 27<sup>th</sup> International Congress of Applied Psychology, 11-16 July 2010, Melbourne, Victoria.
- 26. Helmes, E., Pachana, N., O'donovan, A., Murray, G., Sofranoff, K., Baillie, A., Kyrios, M. (2010). Development of a formal examination of clinical psychology knowledge and skills. Oral Paper, 27<sup>th</sup> International Congress of Applied Psychology, 11-16 July 2010, Melbourne, Victoria.
- 27. Kavanagh, D., Klein, B., Austin, D., Proudfoot, J., Kay-Lambkin, F., Connor, J., Young, R., Connolly, J.M., White, A. & Kyrios, M. (2010). Ontrack: Evaluating online psychological interventions for alcohol and depression. Drug and Alcohol Review, 29, Suppl. 1, 4-14.
- 28. Mancuso, S.G. & Kyrios, M. (2010). A group Acceptance and Commitment Therapy protocol for Body Dysmorphic Disorder. Oral Paper, 27<sup>th</sup> International Congress of Applied Psychology, 11-16 July 2010, Melbourne, Victoria.
- 29. McCowan, E & Kyrios, M. (2010). The application of vicious cycle anxiety model to women with urinary symptoms: A preliminary examination. Oral Paper, 27<sup>th</sup> International Congress of Applied Psychology, 11-16 July 2010, Melbourne, Victoria.
- 30. Moulding, R., Forgione, K., Nedeljkovic, M. & Kyrios, M. (2010). Self-ambivalence, self-efficacy and inferential confusion, and their relationships with OCD symptoms. Oral Paper, 27<sup>th</sup> International Congress of Applied Psychology, 11-16 July 2010, Melbourne, Victoria.
- 31. Moulding, R., Nedeljkovic, M. & Kyrios, M. (2010). Delivering CBT in groups when treating OCD: effectiveness and predictors of treatment outcome. Oral Paper, 27<sup>th</sup> International Congress of Applied Psychology, 11-16 July 2010, Melbourne, Victoria.

- 32. Murray, G. & Kyrios, M. (2010). Online provision of psychological services by trainee clinical psychologists: A model, initial experiences and implications for defining competence in electronic service provision. Invited Oral Paper, 27<sup>th</sup> International Congress of Applied Psychology, 11-16 July 2010, Melbourne, Victoria.
- 33. Nedeljkovic, M., Kyrios, M., Moulding, R., Klein, B. & Austin, D. (2010). Internet based CBT for OCD: Changing the mode of delivery of effective evidence-based treatments. Oral Paper, 27<sup>th</sup> International Congress of Applied Psychology, 11-16 July 2010, Melbourne, Victoria.
- 34. Steketee, G., Frost, R. & Kyrios, M. (2010). Squalor and compulsive hoarding. What can the community and community services do? Invited Symposium, 27<sup>th</sup> International Congress of Applied Psychology, 11-16 July 2010, Melbourne, Victoria.
- 35. Yap, A.K., Mogan, C. & Kyrios, M. (2010). Cognitive and behavioural predictors of depression in OCD. Oral Paper, 27<sup>th</sup> International Congress of Applied Psychology, 11-16 July 2010, Melbourne, Victoria.
- 36. FitzGerald, K., Nedeljkovic, M., Moulding, R., & Kyrios, M. (2009). Neuropsychological performance, memory confidence and symptoms of obsessive-compulsive disorder. Paper accepted for the 32nd National Conference of the Australian Association for Cognitive and Behaviour Therapies, Perth.
- 37. FitzGerald, K., Nedeljkovic, M., Moulding, R., Kyrios, M., & Ahern, C. (2009). The effects of varying confidence in memory on neuropsychological performance in individuals with high and low obsessive-compulsive symptoms. Paper accepted for the 39th Annual Congress of the European Association for Behaviour and Cognitive Therapy (EABCT), Dubrovnik, Croatia.
- 38. Kyrios, M. (2009). Compulsive Hoarding: Why talk about it at a Squalor Conference? Invited Panel presentation. 1<sup>st</sup> National Squalor Conference: Pathway through the Maze. Sydney, November 2009.
- 39. Kyrios, M. (2009). Everything you ever wanted to know about compulsive hoarding but were afraid to ask: A psychological perspective. Invited Workshop presentation, 1<sup>st</sup> National Squalor Conference Pathway through the Maze, Sydney, November 2009.
- 40. Kyrios, M. (2009). Cognitive-behavioural treatment for OCD: Results from 10 years of STOP Therapy. Keynote paper presented at Anxiety Practitioners Network Conference, Sydney, Australia
- 41. Moulding, R., Anglim, J., Nedeljkovic, M., Doron, G., Kyrios, M., & Ayalon, A. (2009). A reexamination of the structure of the obsessive beliefs questionnaire. Paper accepted for the 32nd National Conference of the Australian Association for Cognitive and Behaviour Therapies, Perth, Australia.
- 42. Squirrell, M., Knowles, A., & Kyrios, M. (2009) Psychological characteristics of individuals who engage in online sexual activity. 44<sup>th</sup> Conference of the Australian Psychological Society, Darwin,.
- 43. Thomas, A.C., Moore, S., Kyrios, M., Bates, G., & Meredyth, D. (2009). What attracts people to gambling venues? Deconstructing access. Paper presented at the 14th International Conference on Gambling and Risk Taking, Lake Tahoe, Nevada, USA, May 2009.
- 44. Doron, G., Moulding, R., Nedeljkovic, M., Kyrios, M., & Ayalon, A. (2008). Sensitivity of self structure and OCD symptoms in a student sample. Paper presented at the 6th International Congress of Cognitive Psychotherapy, Rome, Italy.
- 45. Doron, G., Moulding, R, Kyrios, M. & Nedeljkovic. (2008). The relationship between OCD and attachment related internal representation of self and others. Paper presented at the 6th International Congress of Cognitive Psychotherapy, Rome, Italy.

- 46. Kyrios, M. (2008). An examination of psychosocial factors associated with compulsive buying. 2<sup>nd</sup> International Conference On Psychology, Athens Institute for Education and Research, Greece.
- 47. Kyrios, M. (2008). Possessed with possessions: What makes us buy things excessively and uncontrollably? Invited paper presented at the Anxiety Recovery Centre (Victoria) OCD & Anxiety Disorders Week Community Education Conference, Melbourne, August, 2008.
- 48. Kyrios, M. (2008) Why do I feel compelled to buy things I don't need and then hang on to possessions needlessly? Keynote, 3<sup>rd</sup> Biennial National Conference on Anxiety & Depression, Melbourne, 2008.
- 49. Kyrios, M., Thomas, A.C., Moore, S., Bates, G. & Meredyth, D. (2008). Problem gambling: Initial attraction and control strategies as explanatory factors. Paper presented at the 2<sup>nd</sup> Asian Cognitive Behavioural Therapy Conference, Bangkok, October 2008.
- 50. Kyrios, M. & Fallon, A. (2008) Possessed by possessions: Psychosocial factors in compulsive buying. Paper for Asian Cognitive-Behaviour Therapy Conference, Bangkok, October, 2008
- 51. Nedeljkovic, M., Kyrios, M., Doron, G., & Moulding, R. (2008). Self-ambivalence and thought suppression. Paper presented at the 6<sup>th</sup> International Congress of Cognitive Psychotherapy, Rome, Italy.
- 52. Moore, S., Thomas, A.C., Kyrios, M., Bates, G., & Meredyth, D. (2008). Gambling access preferences for at-risk and social gamblers. Paper presented at the 2008 18<sup>th</sup> Annual Conference of the National Association for Gambling Studies, Adelaide, Australia, December 2008.
- 53. Doron, G., Moulding, R., Kyrios, M., Nedeljkovic, M. (2007). The relevance of dysfunctional self perceptions and maladaptive cognitions relating to perfectionism for obsessive-compulsive symptoms. Paper presented at the World Congress of Behavioral and Cognitive Therapies, Barcelona, Spain.
- 54. Doron, G., Kyrios, M., Moulding, R., Nedeljkovic, M. & Bhar, S. (2007) "We do not see things as they are, we see them as we are": A multidimensional world-view model of Obsessive Compulsive Disorder (OCD). Paper presented at the Association of Behavioral and Cognitive Therapies, Philadelphia, USA.
- 55. Kyrios, M., Hordern, C., Moulding, R., Nedeljkovic M. & Bhar, S. (2007). Cognitive, symptomatic and functional changes following cognitive-behavior therapy for Obsessive-Compulsive Disorder. Paper presented at the World Congress of Behavioral and Cognitive Therapies, Barcelona, Spain.
- 56. Kyrios, M., Hordern, C., Nedeljkovic M., Bhar, S., Moulding, R. & Doron, G. (2007). Prediction of outcome following cognitive-behavior therapy for OCD. Paper presented at the World Congress of Behavioral and Cognitive Therapies, Barcelona, Spain.
- 57. Kyrios, M., Hordern, C., Nedeljkovic M.. Bhar, S., Moulding, R. & Doron, G. (2007). Prediction of outcome following individual manualised cognitive-behavior therapy for Obsessive-Compulsive Disorder. Paper presented at the World Psychiatric Association Conference, Melbourne, Australia.
- 58. Kyrios, M., Nedeljkovic M., Clark, D., McCarthy, C., Ahern, C., O'Connor, N., Radomsky, A. (2007) Appraisal of obsessive-like thoughts using a structed interview: Cross-cultural considerations. Paper accepted for the World Congress of Behavioral and Cognitive Therapies, Barcelona, Spain.
- 59. Kyrios, M., Zabel, C. & McQueen, P. (2007) Characterizing compulsive buying: Impulse control, obsessive-compulsive, mood or obsessive-compulsive disorder? Paper presented at the World Psychiatric Association Conference, Melbourne, Australia.

- 60. Nedeljkovic, M., Kyrios, M. & Moulding R. (2007). The influence of perfectionism and confidence in memory in OCD. Paper accepted for the World Congress of Behavioral & Cognitive Therapies, Barcelona, Spain.
- 61. Nedeljkovic, M., Kyrios, M., Moulding R. & Doron, G. (2007) Relationships amongst symptomatic, neuropsychological and other cognitive changes following cognitive-behavioural treatment for OCD. Paper presented at the World Psychiatric Association Conference, Melbourne, Australia.
- 62. Doron, G, Kyrios, M. & Moulding, R. (2006) Modeling the relationship between adult attachment representations and vulnerability to Obsessive Compulsive Symptoms. Paper presented at the Annual Conference of the European Association of Behavioral and Cognitive Therapies, Paris, France.
- 63. Doron, G., Kyrios, M.& Moulding, R. (2006) Sensitive Domains of Self-Concept in Obsessive Compulsive Disorder (OCD): Specificity of self construct in OCD relative to other anxiety disorders and community controls. Paper presented at the Annual Conference of the European Association of Behavioral and Cognitive Therapies, Paris, France.
- 64. Frost, R.O., Kyrios, M. & Steketee, G. (2006) Intrusive Thoughts, Dissociation, and Compulsive Buying. Paper presented at the Annual Conference of the European Association of Behavioral and Cognitive Therapies, Paris, France.
- 65. Gunn, J., Gilchrist, G., Hergarty, K., Chondros, P., Madden, V.....Kyrios, M....and the diamond team. (2006). Depression and quality of life. Optimising Impact: 2006 GP & PHC Research Conference, Perth Convention & Exhibition Centre, Perth, Australia. 5-7 July 2006.
- 66. Kyrios, M. (2006) Depression and Diabetes: An evidence-based clinical perspective. Invited workshop presented to the International Diabetes Institute, October 2006.
- 67. Kyrios, M. (2006) Depression and Diabetes: The dilemma of the chicken and the egg. Invited paper presented to the International Diabetes Institute, October 2006.
- 68. Kyrios, M. (2006) What else is there to know about Obsessive-Compulsive and Related Disorders? Recent developments from a cognitive perspective. Invited colloquium, Department of Psychology, Swinburne University of Technology, June 2006.
- 69. Kyrios, M. (2006) Effective communication about complications in diabetes care. Invited paper presented to the International Diabetes Institute, May 2006.
- 70. Kyrios, M. (2006). The provision of Cognitive-Behaviour Therapy for Obsessive-Compulsive Disorder in the primary care context. Invited paper presented to the Melbourne Division of General Practice, April 2006
- 71. Kyrios, M., Frost, R.O., Kantidakis, J. (2006). The role of perfectionism in compulsive buying and acquisition: An investigation of an Australian non-clinical cohort. Paper presented at the Annual Conference of the European Association of Behavioral and Cognitive Therapies, Paris, France.
- 72. Kyrios, M., Frost, R.O. & McCarthy, K. (2006) Patterns of association between different phenomenological aspects of compulsive hoarding and cognitive, mood and early developmental factors. Paper presented at the 40<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, Chicago.
- 73. Kyrios, M., McQueen, P., Zabel, C. & Frost, R. (2006) Cognitive aspects of compulsive buying: An experimental approach. Paper presented at the Annual Conference of the European Association of Behavioral and Cognitive Therapies, Paris, France.
- 74. Kyrios, M., Nedeljkovic, M., Doron, G. & Ahern, C. (2006) The nature of intrusive-thought content in relation to self and appraisal processes in Obsessive Compulsive Disorder. Paper

- presented at the Annual Conference of the European Association of Behavioral & Cognitive Therapies, Paris, France.
- 75. Kyrios, M., Zabel, C., McQueen, P., Lam, J. & Frost, R. (2006) How can we characterize compulsive buying? Paper presented at the Annual Conference of the European Association of Behavioral and Cognitive Therapies, Paris, France.
- 76. Mogan, C. Kyrios, M. (2006) Can Compulsive Hoarding be conceptualised of as a distinct disorder? Paper presented at the Annual Conference of the European Association of Behavioral and Cognitive Therapies, Paris, France.
- 77. Moulding, R., Kyrios, M., & Doron, G. (2006) The Role of Control Beliefs in Obsessive-Compulsive Disorder. Paper presented at the Annual Conference of the European Association of Behavioral and Cognitive Therapies, Paris, France.
- 78. Moulding, R., Kyrios, M., Doron, G., & Nedeljkovic, M. (2006) Further evidence for a two-factor model of obsessions. Paper presented at the Annual Conference of the European Association of Behavioral and Cognitive Therapies, Paris, France.
- 79. Nedeljkovic, M., Kyrios, M., Moulding R. (2006) Meta-memory factors in Obsessive-Compulsive Disorder (OCD): Further validation of Confidence In Memory Scale-Revised (CIMS-R). Paper presented at the Annual Conference of the European Association of Behavioral & Cognitive Therapies, Paris, France.
- 80. Potiriadis, M.,...Kyrios, M...and the diamond team (2006). Patient views of general practice: Results from the Diagnosis, Management and Outcomes of Depression in Primary Care (diamond) Longitudinal Study. Optimising Impact: 2006 GP & PHC Research Conference, Perth Convention & Exhibition Centre, Perth, Australia. 5-7 July 2006
- 81. Bhar, S. and Kyrios, M. (2005) Self-ambivalence in OCD: Implications for treatment. Paper presented at the Annual Conference of the European Association of Behavioral & Cognitive Therapies, Greece.
- 82. Doron, G. & Kyrios, M. (2005) Perceptions of self and the world in OCD. Paper presented at the Annual Conference of the European Association of Behavioral and Cognitive Therapies, Thessaloniki, Greece.
- 83. Frost, R.O., Steketee, G., Kyrios, M., Tolin, D., Brown, T.A. (2005) Vulnerability for compulsive hoarding. Paper presented at the 39<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, Washington, DC.
- 84. Frost, R.O., McCarthy, K., Matthews, Y. & Kyrios, M. (2005) Buying cognitions, attachment, self-ambivalence and materialism. Paper presented at the Annual Conference of the European Association of Behavioral and Cognitive Therapies, Thessaloniki, Greece.
- 85. Jones, B. & Kyrios, M. (2005) Knowledge of and attitudes to OCD: Implications for treatment. Paper presented at the Annual Conference of the European Association of Behavioral and Cognitive Therapies, Thessaloniki, Greece.
- 86. Kyrios, M. (2005) The Competencies of Clinical Psychologists: Who are we and where are we going? Invited paper, APS College of Clinical Psychologists SA Section Conference 2005
- 87. Kyrios, M. (2005) Specificity in the relationship between symptom amelioration and cognitive change in OCD following Cognitive-Behaviour Therapy. Invited paper, APS College of Clinical Psychologists SA Section Conference 2005
- 88. Kyrios, M. (2005) Developments in cognitive models of Obsessive-Compulsive Disorder. Invited Colloquium, Department of Psychology, University of Melbourne.
- 89. Kyrios, M., Frost, R.O., Steketee, G. & Mogan, C. (2005) Early family attachments in obsessive-compulsive and related disorders. Paper presented at the Annual Conference of the European

Association of Behavioral and Cognitive Therapies, Thessaloniki, Greece.

- 90. Kyrios, M., Reddy, P., Mangelsdorf, S. & Nankervis, A. (2005) Depression and diabetes: A path analytic model. Paper presented at the Annual Conference of the European Association of Behavioral and Cognitive Therapies, Thessaloniki, Greece.
- 91. Kyrios, M., Zabel, C. & McQueen, P. & Frost, R. (2005) Cognitive and other phenomenological aspects of compulsive buying. Paper presented at the Annual Conference of the European Association of Behavioral and Cognitive Therapies, Thessaloniki, Greece.
- 92. Lam, J. & Kyrios, M. (2005) Conceptualization and Psychological Factors of Problem Gambling. Paper presented at the Inaugural Asian-Pacific Problem Gambling Conference, Hong Kong.
- 93. Mogan, C. & Kyrios, M. (2005) Investigating changes in hoarding-related cognitions following treatment through the use of case studies. Paper presented at the Annual Conference of the European Association of Behavioral and Cognitive Therapies, Thessaloniki, Greece.
- 94. Mogan, C. & Kyrios, M. (2005) Symptomatic, cognitive and metamemory factors in compulsive hoarding. Paper presented at the Annual Conference of the European Association of Behavioral and Cognitive Therapies, Thessaloniki, Greece.
- 95. Moulding, R. & Kyrios, M. (2005) The contribution of control cognitions to obsessive-compulsive symptomatology. Paper presented at the Annual Conference of the European Association of Behavioral and Cognitive Therapies, Thessaloniki, Greece.
- 96. Nedelkjovic, M. & Kyrios, M. (2005) Confidence in Memory in Obsessive-Compulsive Disorder: The development and validation of the Confidence In Memory Scale (CIMS). Paper presented at the Annual Conference of the European Association of Behavioral and Cognitive Therapies, Thessaloniki, Greece.
- 97. Nedelkjovic, M. & Kyrios, M. (2005) Treatment-related changes in metamemory, neurocognitive and cognitive factors in Obsessive-Compulsive Disorder. Paper presented at the Annual Conference of the European Association of Behavioral and Cognitive Therapies, Thessaloniki, Greece.

## **OTHER/AWARDS**

- **2013 Ian M Campbell Memorial Prize**, Australian Psychological Society and College of Clinical Psychologists
- **2011 Citation for Excellence**, Society for General Psychology (Division 1, American Psychological Association) for Martin, P., Cheung, F., Kyrios, M., Littlefield, L., Knowles, M., Overmier, B. & Prieto, J.M. (Eds.). (2011). The IAAP Handbook of Applied Psychology, Wiley-Blackwell.
- Honorary (Principal Fellow), University of Melbourne
- Adjunct Professor, Swinburne University of Technology
- Completed Australian Institute Corporate Directors course (2012)
- Completed Ethos Research Leaders Forum leadership development program (2012)