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ANU PSYCHOLOGY CLINIC

**A Centre for Clinical Practice and
Research in Psychology**

Research School of
Psychology ANU
ANU College of
**Medicine, Biology &
Environment**



ANU Psychology Clinic

A Centre for Clinical Practice & Research in Psychology

Our aim is to provide the highest standards in psychological assessment and treatment in a professional, responsive and caring environment.

Clinical services

The ANU Psychology Clinic is a training, treatment and research centre offering specialised psychological services to the community. The clinic provides assessment, counselling and therapy for ADULTS and CHILDREN / ADOLESCENTS who may be experiencing emotional or behavioural problems including anxiety, fears and phobias, depression, stress, and coping with health conditions (i.e. sleep, pain). Therapy is provided individually or within groups, is time limited and centres around evidence-based best practices.

As we are a training facility, we are not equipped to assist individuals with complex and chronic mental health difficulties.

Clinic therapists

The clinic is staffed by Clinical Psychologists and Provisional Psychologists. All clinic staff are fully registered with the Psychology Board of Australia. The Clinical Psychologists are Board-endorsed Clinical Supervisors who oversee the Provisional Psychologists' clinical practice whilst they are providing services in the Clinic. Provisional Psychologists have already completed at least four years of training in

psychology and are now undertaking specialist training in Clinical Psychology. Provisional Psychologists are skilled in assessment and therapy.

Appointments & enquiries

We accept referrals during two intake periods over the academic year: February to May, and July to October.

A referral is not required and individuals can self-refer. We also accept referrals from GPs, specialist physicians and other health professionals.

All consultations are by appointment only.

Fees

While we do charge fees, these are low cost and affordable. For current rates, please contact the clinic for more information.

Map

